

The Community Table

PO Box 62
Dillsboro, NC 28779

Spring has sprung!

Spring 2008

Comings and Goings...

Spring is in the air, and with it comes a few changes. Timara McCollum, Executive Director since June 2007 will be transferring her position to Amy Grimes McClure this May. In addition, Renee Cohen will now be the board chair of the Community Table and we have the recent addition of three new board members: Anita Stephens, Chris Mahoney, and Linda Fulk. We would also like to introduce Pat Kauffman as our kitchen manager. While faces and positions may change, the heart and mission of the Community Table will always remain the same. Each staff and board member and volunteer of the Community Table are dedicated to nourishing our community. Below are a few words from Timara and Amy as the Executive Director transition begins.



Before I go, I would like to thank each and every one of the guests, volunteers, board members, and staff for contributing a portion of themselves into my life. I had a hard time getting used to my title as Executive Director, but with your help I was able to step into the role knowing that I had the encouragement and support of my community. (I will never stop referring to my elders as "sir" and "ma'am" no matter what my official title may be-that's just how I was raised!) Thank you for giving me the opportunity to serve Jackson County, my home and my heart. I will leave this position changed for the better as I continue to grow into a young woman who will always remember where she came from, the majestic mountains of Western North Carolina! Come say good-bye to me before May 15th! I will miss you all!

Love, Timara McCollum

Hello, my name is Amy Grimes McClure and I am the Executive Director-in-Training. I am a graduate of both SCC and WCU and I have made WNC my home for ten years. I am so glad to have Timara here to guide me during my first couple of months. I look forward to meeting the challenges of the position and growing on the current successes of The Community Table. My heart is in the nonprofit sector and I am grateful for this opportunity to serve my community.

My name is Pat Kauffman and I'll be the new Kitchen Manager. I've lived in WNC since 2001, and in Sylva since last August. I have already begun to learn a great deal from our dedicated volunteers, and I am always open to suggestions and new ideas.

Points of Interest

- * Comings and Goings
- * Shop for a Cause
- * The Empty Bowl
- * Healthy Recipe
- * Dates to Remember
 - * Wish List
 - * Donation Form

Board of Directors

- Renee Cohen
Board Chair
- Barbara Thomas
Vice Chair
- Tom Schutte
Past Chair
- Mary Ann Lochner
Secretary
- Anita Stephens
Treasurer
- Kay Turpin
- Jennifer Abshire
- Heather Baker
- Lisa Gaetano
- Rick Kirkpatrick
- Tom Massie
- Veronica Nicholas
- Brenda Oliver
- David Skinner
- Chris Mahoney
- Linda Fulk

Save the Date...

Our annual Empty Bowl fundraiser is being held Friday, April 25th from 4 p.m. to 8 p.m. at The Community Table at 127 Bartlett Street in Sylva. This is one of our most successful fundraisers and this year will be no exception. Join us for a mouth-watering variety of hearty soups and stews generously donated by area restaurants to be served in a beautiful handcrafted bowl also generously donated by local potters- and you get to keep the bowl, all for only \$20! So, please, come join us for an evening of food, fun, camaraderie, art, and fundraising. What better way is there to spend an evening than by connecting to others who are also helping to nourish our community? Hurry to reserve your spot today! Call 586-6782 for tickets.



Shop for a cause

We'd like to thank our local groceries for permitting us to set up donation tables throughout April and May. We'll be at Food Lion April 11th, Sav-Mor April 12th, Wal-Mart April 16th, and Ingles May 9th-weather permitting. Also, we hope to have raffle tickets for sale, so look for your chance to win exciting prizes and discounts!!!

Spinach, Leek, and White Bean Soup

- 2 Tbs olive oil
- 4 leeks, bulb only, chopped
- 2 garlic cloves
- 2 16 oz. cans chicken or vegetable broth
- 2 16 oz. cans white beans
- 2 bay leaves
- 2 tsp ground cumin
- 1/2 C whole wheat couscous

Directions: In a soup pot, gently sauté leeks and garlic in olive oil until tender. Add beans, broth, bay leaves, cumin and bring to a boil. Then, reduce heat to low and stir in spinach and couscous. Cover and simmer 5 minutes.



Volunteers of the Month

- November: Shane and Colton Danner
- December: Lindsay Crawford
- January: David Cartwright
- February: Aleisha Taylor

Thank you for your hard work and dedication!

Thank you!!!

Thank you so much to all of our wonderful volunteers and donors and corporate sponsors, including O'Malley's, Bogart's, Zaxby's, Burger Shack, and Wal-Mart- just to name a few. We truly could not do it without you!

The Community Table
PO Box 62
Dillsboro, NC 28725

Please Place
Stamp Here

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Fax: 828-586-1882
E-mail: communitytable@verizon.net

We are on the web!
www.communitytable.org



Nourishing Our Community.



Upcoming Dates...

Blue Plate Special. Every last Wednesday of the month. \$5 a meal provides you with a salad, entrée, and dessert donated by a local restaurant. Listen for us on WRGC!

Empty Bowl 2008!

Friday, April 25th 4-8pm
\$20 tickets on sale now. Purchase a handcrafted bowl and two hearty portions of soup donated by local restaurants as we come together to nourish our community!

Lunch and Learn: In collaboration with CHAN. Call 586-6782 for more details about how you can attend a free seminar and have lunch at the same time!

Grocery Store Donation Table: Food Lion April 11th, Sav-Mor April 12th, Wal-Mart April 16th, and Ingles May 9th.



Wish List

Kitchen

Canned Vegetables

Canned Meats
(Tuna/Chicken/Pork)

Ground Beef
Ground Turkey
Milk and Eggs
Cheeses

Paper Towels
Trash Bags
Dish Towels
Salad Dressings

Volunteers for
Monday and Tuesdays

Food for Kids

Program Manager
Position

Kid-Friendly Food Items

Monetary Donations

Office

Copy Paper
Stamps
Volunteers

Building Needs

Yard Work
Gutter Clean-Up

Call 586-6782

To our guests...
Don't forget, if you can't make a monetary donation, that's okay! Bring in some kitchen, office, or cleaning supplies, or food items. And bring a friend!

Donor Form:

Name: _____
Address: _____
City: _____
State: _____
Phone: _____
Email: _____
Amount Enclosed: _____



Please make checks payable to The Community Table; detach and mail this form to
The Community Table PO Box 62, Dillsboro, NC 28725