

CHILD CARE

Southwestern Child Care Resource and Referral –
(800) 662-4158
Childcare Subsidy – 586-5561
Mountain Projects Head Start – 586-2345 x18
NC Division of Child Development– (800) 859-0829
<http://ncchildcare.dhhs.state.nc.us>

FINDING A JOB/ JOB TRAINING

Employment Security Commission/ Job Link
Career Center – 586-4063
Job Corps – 524-4446
Mountain Projects – 586-2345
Workforce Investment Act – 586-1962

EDUCATION

Jackson County Schools – 586-2311
Adult Education, GED classes, or ESL:
Southwestern Community College – 586-4091
Cashiers Center – 743-6688
Mountain Projects (GED) – 586-2345
Western Carolina University – 227-7211

FINANCIAL SERVICES

Consumer Credit Counseling – (800) 737-5485
Cooperative Extension – 586-4009
Dept. of Social Services – 586-5546
NC Child Support Enforcement – (800) 992-9457

FOOD, CLOTHING, HEATING AND PERSONAL GOODS/SERVICES

Community Table – 586-6782
Covenant Church (no clothing) – 586-0199
Dept. of Public Health (WIC) – 587-8243
Dept. of Social Services – 586-5546
United Christian Ministries – 586-8228

NUTRITION INFORMATION

Cooperative Extension – 586-4009

ALTERNATIVE FOOD SOURCES

Farmer's Market (seasonal) – 586-4009

NC GENERAL INFORMATION LINE

Care Line – (800) 662-7030

FUN THINGS TO DO

Jackson County Public Library – 586-2016
Albert Carlton-Cashiers Community Library – 743-0215
Family Resource Center – 586-2845
(all of the above have **free Internet access**)

Big Brothers/Big Sisters – 828-253-1470
Boy Scouts of America – (800) 526-6708
Chamber of Commerce – Sylva – 586-2155
Cashiers – 743-5191
Community Early Learning Groups – 586-0661
Cooperative Extension/4-H Clubs – 586-4009
Girl Scouts of America – (800) 522-6280
Jackson County Parks and Recreation – 293-3053
Jackson County Fitness Center – 293-3053
Jackson County Youth Sports – 586-3664
Special Olympics of Jackson County - 293-3053
Sylva Pool – 586-9942
WCU fitness center – 227-7069

CHILD SAFETY CAR SEATS

Health Department – 587-8279

SHELTER, HOUSING, & TRANSPORTATION

Dept. of Social Services – 586-5546
Jackson County Transit – 586-0233
Mtn. Youth Resources (adolescent shelter) – 586-8958
Mountain Projects – 586-2345
Public Housing Authority (HUD) – 586-4055
REACH (Transitional Housing) – 631-4488
United Christian Ministries – 586-8228
West Care Transportation Service – 586-7777

THRIFT STORES

Community Table – 586-6782
Hospital Auxiliary – 586-7470
REACH Thrift Store – 586-8778
Glenville Thrift Store – 743-6395
Cashiers Thrift Store – 743-3518

CHILDREN WITH SPECIAL NEEDS

Assistive Technology Resource Center of WNC:
631-9461
Children's Developmental Services Agency – 631-3900
Exceptional Children's Assistance – (800) 962-6817
Family Support Network – (828) 456-8631 x 29
Jackson County Schools – 586-2311
SW Child Development Commission – (800) 662-4158

RESPIRE (TIME OFF) FOR CAREGIVERS

Family Resource Center – 586-2845

DISABILITIES

Child Services Coordination (0-5 yrs) – 587-8286
Pathways to the Future – 631-1167
Stepping Out (Family Resource Center) - 586-2845
Vocational Rehabilitation – 586-4032

ALCOHOL OR SUBSTANCE ABUSE

AA Hotline – (800) 524-0465
Alcohol/Drug Council of NC – (800) 688-4232
NA Hotline - 888-764-0365
Smoky Mountain Center – 631-9281

COUNSELING/MENTAL HEALTH

Crisis Hotline – (800) 367-7287
REACH – 631-4488
Smoky Mountain Center – 631-9281
Smoky Mountain Pregnancy Care Center: 293.3600

FAMILY VIOLENCE/ABUSE/NEGLECT

AWAKE - 586-3574
Dept of Social Services – 586-5546
Domestic Violence Hotline – (800) 799-7233
Center for Victims of Crime – (800) 394-2255
REACH (Domestic Violence) – 631-4488
Safe Place Visitation Program - 837-9155

LEGAL HELP/CONFLICT RESOLUTION

WNC Legal Aid (if income limited) – 586-8931
Mountain Mediation Services – (800) 789-4675

INFO FOR PEOPLE OVER 60 YRS OLD

Department on Aging – 586-8562
Golden Age Senior Center – 586-4944
Mountain Projects - 586-2345
Southwestern Area Agency on Aging – 586-1962
Veterans Services – 586-7596